



FELLOWSHIP SQUARE

Your Independent Living Moving Checklist

A Step-by-Step Guide to Your Next Chapter

Moving into an Independent Living community is an exciting opportunity to simplify your day-to-day responsibilities, enjoy new experiences, and make more time for the things you love.

This checklist will help you stay organized and confident in the weeks leading up to moving day.

6–8 Weeks Before Your Move

Start planning and getting organized

- ☐ Confirm your move-in date and review your residency agreement.
- ☐ Request a floor plan and measurements for your new apartment.
- ☐ Decide which furniture, decorations, and personal belongings you'd like to bring.
- ☐ Begin sorting belongings into categories: keep, donate, sell, gift, or discard.
- ☐ Research moving companies and request estimates, if needed.
- ☐ Start gathering important documents, including identification, insurance information, financial records, and medical contacts.
- ☐ Create a moving folder for important paperwork, contact information, and receipts.
- ☐ Ask your new community about move-in procedures, parking, elevator reservations, and available assistance.



4–6 Weeks Before Your Move

Take care of the important details

- ☐ Schedule your moving company or arrange help from family and friends.
- ☐ Notify your current landlord, homeowners association, or property manager, if applicable.
- ☐ Begin contacting utility and service providers to schedule transfers or cancellations.
- ☐ Submit a change-of-address request with the U.S. Postal Service.
- ☐ Update your address with banks, credit card companies, insurance providers, and financial institutions.
- ☐ Notify Medicare, Social Security, and other government agencies as applicable.
- ☐ Update your address with healthcare providers, pharmacies, and prescription delivery services.
- ☐ Make arrangements for selling or transferring a vehicle, if applicable.
- ☐ Schedule donation pickups or other arrangements for belongings you're not bringing.

2–4 Weeks Before Your Move

Prepare your new home

- ☐ Confirm furniture measurements and the layout of your new apartment.
- ☐ Ask the community which utilities, internet services, and television options are included or available.
- ☐ Arrange installation or activation of any personal services you'll need.
- ☐ Order any furniture or household essentials needed for your apartment.



- ☐ Begin packing seasonal clothing, books, decorations, and items you use less frequently.
- ☐ Label boxes clearly by contents and intended location.
- ☐ Keep medications, important documents, valuables, and daily essentials separate from moving boxes.
- ☐ Transfer prescriptions to a convenient pharmacy, if needed.
- ☐ Ask about dining options, activities, transportation, and other services available to new residents.
- ☐ If you have a pet, confirm pet registration requirements and gather veterinary records.

1 Week Before Your Move

Review your plans and finish packing

- ☐ Confirm the moving date, arrival time, and instructions with your movers.
- ☐ Verify your move-in arrangements with the community.
- ☐ Finish packing most household items, leaving out daily necessities.
- ☐ Pack a first-day essentials bag with medications, toiletries, a change of clothes, chargers, glasses, and important documents.
- ☐ Prepare a clearly labeled box with bedding, towels, cleaning supplies, paper products, and other immediate necessities.
- ☐ Make a list of emergency contacts and keep it accessible.
- ☐ Refill prescriptions so you have an adequate supply during the transition.
- ☐ Confirm that mail forwarding and address changes have been submitted.
- ☐ Arrange for final cleaning and any necessary repairs at your previous residence.



Moving Day

You're almost home!

- ☐ Keep medications, valuables, important documents, and your essentials bag with you.
- ☐ Meet the moving team and provide clear instructions for unloading.
- ☐ Check in with the community team and collect your keys or access credentials.
- ☐ Complete any required move-in paperwork.
- ☐ Locate emergency exits, safety features, and emergency call systems in your apartment.
- ☐ Check that furniture is positioned safely, with clear walking paths.
- ☐ Unpack essential items first, including bedding, bathroom supplies, and clothing.
- ☐ Make sure your phone, internet, and other important devices are working.
- ☐ Take a little time to relax and enjoy your new surroundings!